



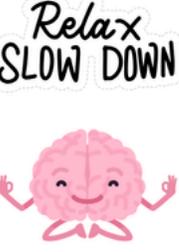
Spring Break Recreation Programs



Spring Break!! March 15 - 28, 2026

TWN RECREATION CALENDAR



SUN	MON	TUE	WED	THU	FRI	SAT
15 	16 	17 	18 <p style="text-align: center;">Private Coaching Co. Sports Camp 9:30 am - 3 pm Bus leaves TWN Gym @ 9 am</p>	19 	20 	21 
22 	23 <p style="text-align: center;">Wildplay Adventure Course 11 am - 2 pm Bus leaves TWN Gym @ 9:30 am</p>	24 <p style="text-align: center;">Science World 10 am - 1 pm Bus leaves TWN Gym @ 9 am Rocky Mtn Flatbread Pizza Making Lesson 2 pm - 4 pm</p>	25 <p style="text-align: center;">Rolla Skate 10 am - 12 pm Bus leaves TWN Gym @ 9 am Revs Bowling 1 pm - 3 pm</p>	26 <p style="text-align: center;">Aquarium 10 am - 1 pm Bus leaves TWN Gym @ 9 am Arcade on Wheels Age 5-8: 1:30-3pm Age 9-12: 3-4:30 pm Age 13-18: 4:30-6 pm</p>	27 <p style="text-align: center;">Shipyards Ice Skating 10:30 am-12:30 pm Bus leaves gym @ 9:30 am Seymour Forest Walk 2 pm - 4 pm Bus leaves TWN Gym @ 1:30 pm</p>	28 

For questions, contact Marc Shimwell, Acting Recreation Manager, at mshimwell@twnation.ca, 778-838-6197; Hannah Cook, at hcook@twnation.ca, 236-785-4930; or Hazel Dutdut at hdutdut@twnation.ca, 236-785-3430.

A decorative border of various sports balls, including soccer balls, basketballs, and volleyballs, arranged in a circular pattern around the central text.

GYM CLOSED

March 16-30, 2026

For Renovations

Fitness Room open regular hours

Contact Marc
mshimwell@twnation.ca
or Hannah hcook@twnation.ca



Tseil-Waututh Nation
PEOPLE OF THE INLET

SPRING BREAK AQUARIUM TRIP THURSDAY MARCH 26



10 am - 12:30 Pm

Bus leaves TWN
Gym @ 9 am

For more info contact: mshimwell@twnation.ca, hcook@twnation.ca



PRESS START
READY



PLAYERS

Bring your friends and get ready for an afternoon of
gaming with Arcade on Wheels!

Space is limited so please register using the QR code or link.

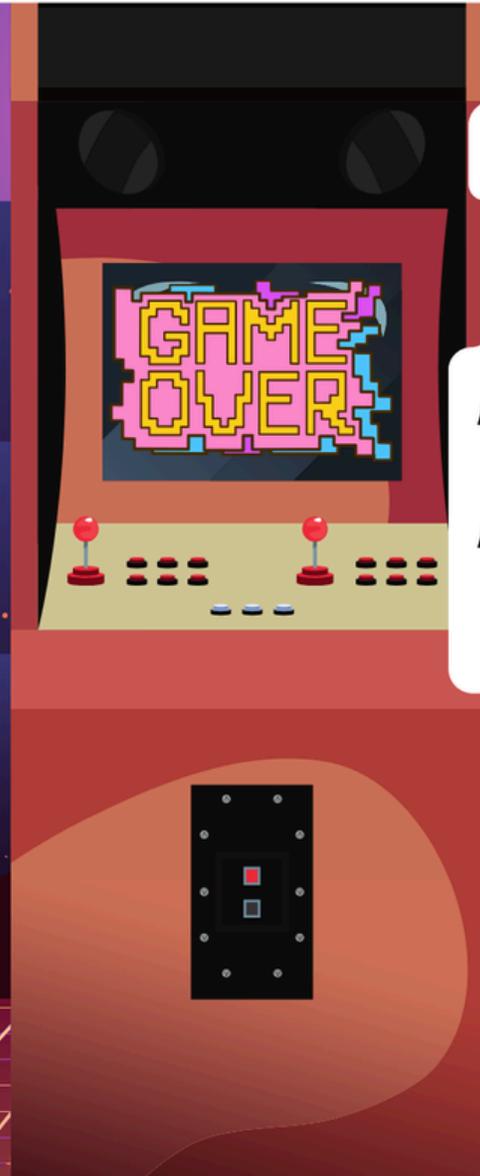
THURSDAY MARCH 26

In front of TWN Gym

Age 5-8: 1:30 - 3:00pm

Age 9-12: 3 - 4:30pm

Age 13+: 4:30 - 6pm



Tsleil-Waututh Nation
PEOPLE OF THE INLET

For more info contact: mshimwell@twnation.ca, hcook@twnation.ca

YOU ARE INVITED TO

**SPRING BREAK ICE SKATING
AT THE SHIPYARDS**

FRIDAY MARCH 27

10:30 AM - 12:30 PM

BUS LEAVES TWN GYM @ 9:30 AM

**THE FIRST HOUR OF EACH SKATE IS
PRIVATE FOR PARTICIPANTS**

**FOR MORE INFO CONTACT
MSHIMWELL@TWNATION.CA,
HCOOK@TWNATION.CA**





Tseil-Waututh Nation
PEOPLE OF THE INLET



SPRING BREAK

March 25, 2026

10 am - 3 pm

Bus leaves TWN

Gym @ 9 am

Ages 5+



**SIGN-UP IS FOR BOTH
ACTIVITIES**

Morning:

**Roller
Skating**

@ Rolla Skate Club



Afternoon:

**REVS
Bowling**

Bus returns 4 pm



**For more info contact:
mshimwell@twnation.ca,
hcook@twnation.ca**



UPCOMING EVENTS

For **MAR 24**

10 AM - 4 PM



MORNING

**SCIENCE
WORLD**



AGES 5+
BUS LEAVES
TWN GYM @
9 AM

AFTERNOON

**PIZZA
MAKING**



@ ROCKY
MOUNTAIN
FLATBREAD

Sign-up is for
both activities

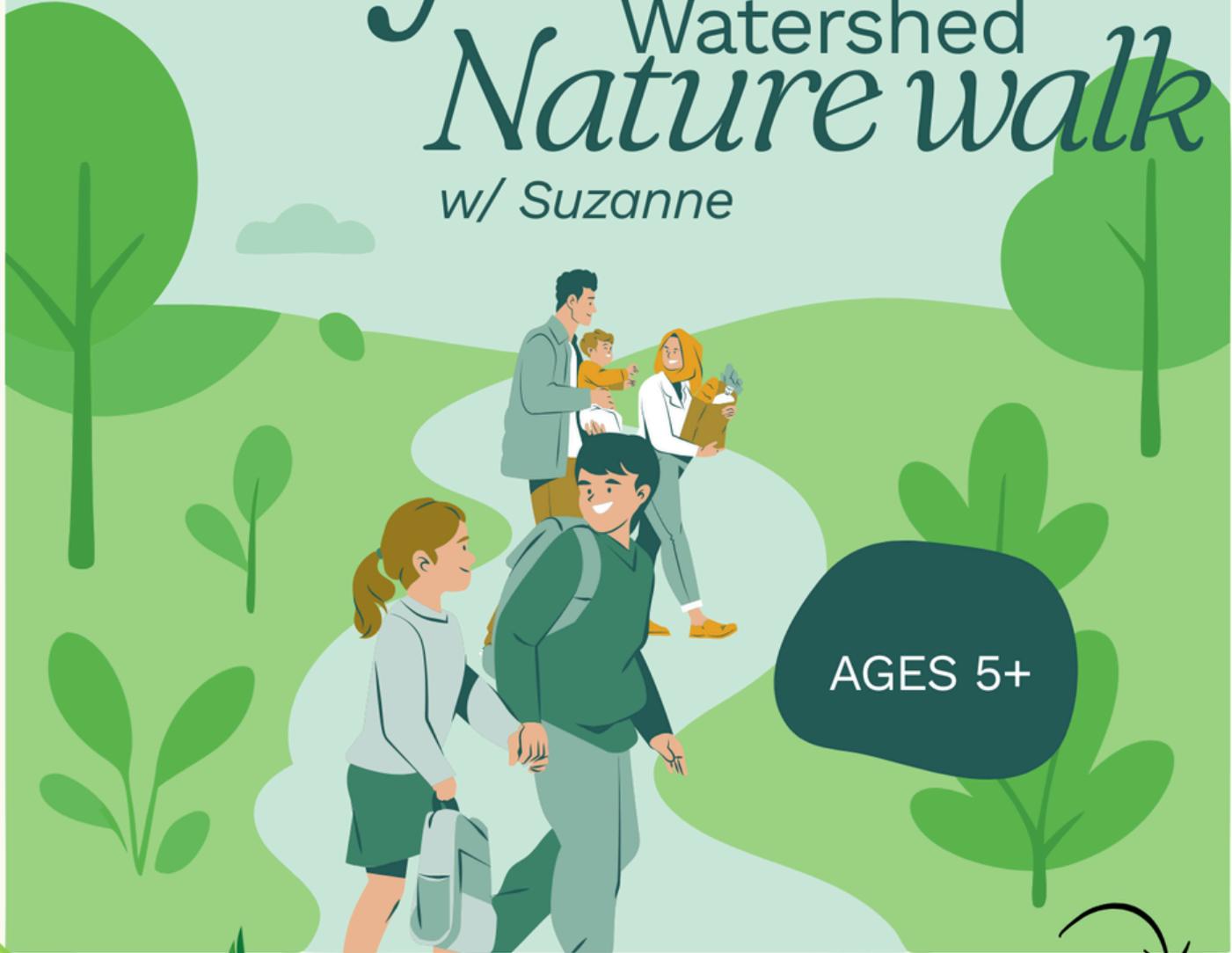


FOR MORE INFO CONTACT: MSHIMWELL@TWNATION.CA,
HCOOK@TWNATION.CA



Seymour

Watershed
Nature walk
w/ Suzanne



SIGN UP USING
QR CODE



Friday,
March 27, 2pm-4pm
Bus leaves TWN GYM @ 1
pm

FOR MORE INFO CONTACT: MSHIMWELL@TWNATION.CA, HCOOK@TWNATION.CA



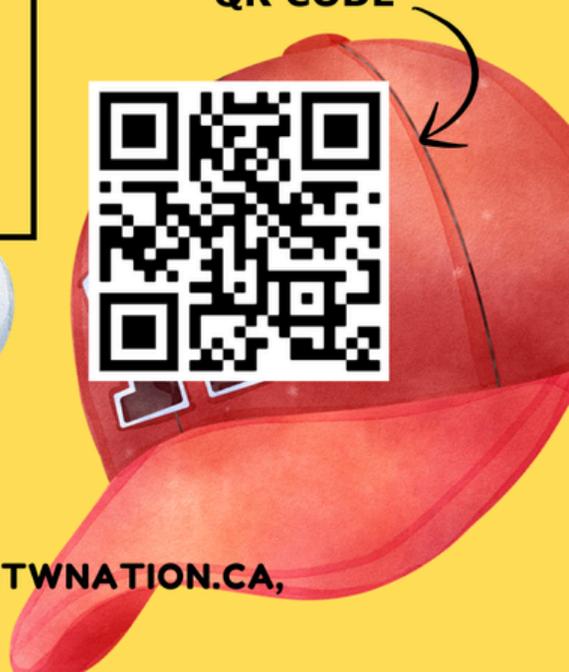
SPRING BREAK

PRIVATE COACHING CO

MARCH 16 - 20

SIGN UP USING
QR CODE

9:30 AM - 3 PM
BUS LEAVES TWN
GYM @ 9 AM



FOR MORE INFO CONTACT: MSHIMWELL@TWNATION.CA,
HCOOK@TWNATION.CA



WildPlay®



TREETOP ADVENTURE COURSE

MONDAY MARCH 23

AGE 5+

11AM - 2PM

BUS LEAVES TWN GYM @ 9:30 AM

Walk across tightropes, climb up cargo nets, slide down ziplines, and fly through the air on rope swings!



Tseil-Waututh Nation
PEOPLE OF THE INLET

For more info contact: mshimwell@twnation.ca, hcook@twnation.ca

SIGN UP FOR REC PROGRAMS HERE



Scan the QR code with your phone camera
or type in this link:

form.jotform.com/takayarecreation/signup



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Thank you for reading!

For more information, check out the Recreation webpage: <https://twnation.ca/health-and-wellness/recreation-programs/>

Questions about TWN Recreation programs? Please contact Marc Shimwell, Acting Recreation Manager at mshimwell@twnation.ca, 778-838-6197; Hannah Cook, Recreation Programmer, at hcook@twnation.ca, 236-785-4930; or Hazel Dutdut, Recreation Administrative Assistant, at hdutdut@twnation.ca, 236-785-3430.



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Tsleil-Waututh Nation

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