



Tseil-Waututh Nation

ćećawət leləm
"Helping House"



Mental Wellness Contacts & Practitioners

If you or anyone you know is looking for culturally relevant mental support services for counselling, please reach out to one of the listed mental health contacts. These practitioners have met the **First Nations Health Benefits (FNHB)**'s eligibility criteria (<https://www.fnha.ca/benefits/mental-health-providers>) and are **actively registered with the FNHA**:

ZARI ABTAHI Registered Clinical Counsellor 778-892-5537	SHEREEN KHAN Registered Clinical Counsellor 604-813-1321
DINA AMOUZGAR Registered Clinical Counsellor 604-626-6495	SARA LEWIS Registered Clinical Counsellor 604-367-6365
SHANDELLE BILLOWS Registered Social Worker Psychologist 604-723-0807	TRACY ANNE NORTHEY Registered Social Worker Psychologist 604-376-6598
JESSICA BUXBAUM Registered Clinical Counsellor 604-512-2297	ALLISON PARKER Registered Clinical Counsellor 778-820-0518
BRIE CHARETTE Registered Social Worker Psychologist 604-971-0359	SHAWN SCHAUBEL Registered Social Worker Psychologist 604-807-6279
PEGGY CLARKSON Registered Clinical Counsellor 604-339-4045	TAMARA PEARL Registered Clinical Counsellor 604-925-0861
DUANITA ELENIK Registered Clinical Social Worker 604-988-5689	JESSE ROSS Registered Clinical Counsellor 778-846-1713
SAPPHIRE HARPIN Registered Clinical Counsellor 250-552-2494	LAWRENCE SHEPPARD Registered Clinical Counsellor 778-945-3013
MARGARET-ANNE SPEAK Certified Clinical Counsellor 604-761-3440	AMY VAUGHAN Certified Clinical Counsellor 604-928-0883