

Tsleil-Waututh Nation

Community Newsletter | July 22



In this issue:

- Bear Awareness
- Call for Artist
- Election Code Membership Meeting
- Income Assistance Update
- Traditional Wellness
- Better at Homes Program
- Climate Change Committee
- Naut'sa mawt Tribal Council
- Gathering Request Form

Next issue dates:

August 7, 2020
August 19, 2020
September 2, 2020
September 16, 2020
September 30, 2020



Important Information

Page 3: Membership Meeting
Page 4: Bear Awareness
Page 5: Call for Artist
Page 7: Income Assistance Update
Page 8: Better at Homes
Page 9: Traditional Wellness
Page 10: Climate Change Adaption Committee
Page 11: Naut'sa mawt Tribal Council
Page 13: Summer Fun Activities
Page 20: Gathering Request Form



Tsleil-Waututh Nation
səlilwətał



**Opting in Under the First Nations Election Act:
Information Session for TWN membership**

You are invited to a virtual event to discuss the First Nations Elections Act

When: July 28, 2020

Time 6:00pm

How: www.slido.com

Hashtag: TWNElectionCode

Questions? Email communications@twnation.ca



Attention TWN,
Bear sightings in the TWN Community.

If you spot a bear, email
communications@twnation.ca

No carts – garbage or organics, locked or unlocked – are to be placed at curbside before 5:30 on collection morning as per the District of North Vancouver Solid Waste Bylaw No. 7631. This bylaw is presently being enforced.

Here are some safety tips:

- To avoid a surprise encounter, use your voice to alert wildlife of your presence, especially when moving around
- corners, or travelling near bushes, on paths between streets, and on our local trails. If you encounter a bear that has not noticed you, quietly and slowly retreat backwards and change your route.
- If you encounter a bear and he is aware of your presence, stay calm! Speak in a calm voice as you back away.
- If a bear is spending time on your property, remove any attractants. When your property is free of attractants and the bear is enjoying the comforts of your property, you can claim your territory from an open window or on a deck by making loud noises while shouting at him, and by shining a flashlight on him at nighttime.
- Do not try to scare him away from a food source. It is hard to move a hungry bear off food. Wait until he is finished eating and has left, and then remove the attractant. He will return again because bears remember where they found rewards.
- Keep your dog on leash on the street and on trails, and under close supervision on your property. If a dog corners a bear, especially if there is no tree for the bear to climb, the bear might injure your dog.
- Do not get close to wildlife to take photos. Using a smart phone for wildlife photography is not smart! Please advise anyone trying to take photos without proper camera equipment for photographing from a distance that he will have to get too close for a good picture. We need to respect the space of wildlife to prevent a dangerous situation. In addition, bears that get accustomed to being close to people can be classified as “habituated to people” and they might be killed.

EXTENDED DATE:
**Call for TWN Youth Artists: Tsleil-Waututh Youth
Leadership Committee Logo**

New Submissions due: August 14th, 2020

The Tsleil-Waututh Youth Leadership Committee is looking for an artist who identifies as a TWN band member, to design our Committee Logo. This Logo will be used for all documents and media involving YLC business, such as letterhead, social media, announcements, and approved documents.

Logo Design Requirements:

1. One of the following must be written:
 - a. Tsleil-Waututh Nation Youth Leadership Committee
 - b. TWN YLC
2. Artistic features:
 - a. Drawing/ painting that shows who TWN youth are and/or
 - b. Indigenous artwork of TWN territory

Honoraria:

1. First place: \$500
2. Second Place: \$250
3. Third Place: \$100

Size of Logo:

4" x 4" (inches)

Entry Requirements:

1. Written Submission describing logo.
2. Two to Three (2-3) digital images in a compressed folder. Images should be presented in JPEG format with image size set to 300 dpi and resolution, 4" x 6" image size, approximately.

Entries Due:

We want all finalized drafts by August 14th (4:00pm)

Selection Process:

The TWN Youth Leadership Committee will evaluate all submissions in our July Committee Meeting. We will make our decision on: aesthetics, design, wording, and size.

Notification to Artist:

Will be contacted upon selection.

Delivery:

For all TWN Youth who are interested, send your art work and written submission by August 14th, 2020 to Kevin O'Neill.

Contact: Kevin O'Neill
koneill@twnation.ca
604-404-7852

Contact: Youth
Leadership Committee
ylc@twnation.ca

INCOME ASSISTANCE/ PWD CLIENTS

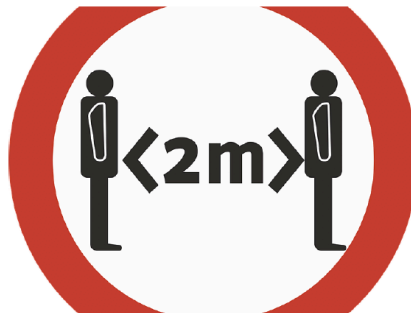
DUE TO THE COVID – 19 VIRUS
TWN STAFF IS STILL PRACTICING SOCIAL DISTANCING, PLEASE
KEEP 2 METERS APART FROM OTHER.

**We look forward to meeting with you in person! Cheque day will
Resume for pick up starting JULY 29TH, *there will no longer be direct
deposit or chq drop off. Cheque day will be appointments only for each
client.***

This scheduled appointment will be limited to 10 mins per client starting 9am. Please make sure you are here on time for your appointment AND follow our Covid-19 protocols, as we would like to have no crowds in front of the Comm Dev Building, thank you.

If you have any symptoms of sickness please call and let us know if you can have someone pick up your chq.

Please call Danielle or Kirsten to schedule your appointment,
604-924-4177.





Tsleil-Waututh Nation
Ćećawet Ieləm "Helping House"
3168 Alder Court, North Vancouver, B.C., V7H 2V6



The Health Department is continuing the Light Yard work portion of the yearly Better at Homes Program. Unfortunately, due to COVID-19 restrictions, the program will be a little different this year.

- The Light Yard work program is intended for elders and persons with physical limitations/disabilities. GLE Landscaping Company is working in collaboration with Inlailawatash and Public Works and will now assist with the Better at Homes Program. The Better at Homes coordinator that works both with Tsleil- Waututh and Squamish has reached out to individuals who were previously on the program last year. However, some of the contact information for some individuals have changed. If this pertains to you please contact us to update your contact information or if you are interested in the service and would like more details please contact



Duncan Cell: 604-849-0310

**Better at Home Program Coordinator
Tsleil-Waututh Nation and Squamish
Nation**



Ask Dr. Bonnie Henry says "Be kind & safe" We are asking for your patience at this time with the changes that are happening in the world today. We are working to provide the best possible services with the physical distancing in place.

Our usual friendly personnel will not be maintaining your yard to ensure their safety as well as yours. Our community cultural practices are to engage visit and enjoy one another's company, it is with that we have decided to put precautions in place to safeguard all.

We thank you for your patience during this challenging time and look forward to a time where we can go back to our usual practices safely.



Ćećawet Ieləm "Helping House"

Health and Wellness presents:

Traditional Wellness

DATES: To be determined

Times: Lunch and Evening time slots

Where: Administration Amphitheatre (stairs outside the administration office)

TWN Helping House is proud to announce the rescheduled Traditional Wellness sessions. Please join us for a series of Traditional Wellness through storytelling. We will hear about how our people-maintained wellness through our connections to the land, sacred laws, community and culture as well as stories of personal wellness journeys.

Please note, due to COVID-19, we will be maintaining physical distancing, if you are not feeling well, we are asking you to reschedule your traditional wellness session. We will have a maximum of five people per session to align with the TWN COVID-19 By-Law.

In order to attend these traditional wellness group sessions, you must sign up. We will finalize dates based on your preferences.

To sign up or if you have any questions, contact:

Vanessa Gonzalez, vgonzalez@twnation.ca or 778-995-6643 or
The Communication Department: Communications@twnation.ca

Everyone that joins us for the Traditional wellness sessions, will be entered into a draw for a Traditional Wellness prize.

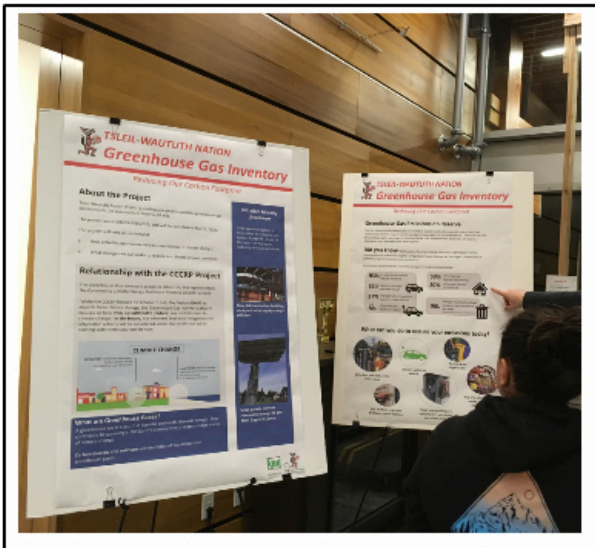
TWN Climate Change Advisory Committee

Did you know that TWN has a community-based Climate Change Advisory Committee (CCAC)?

The committee is made up of community and band members who provide guidance and advice on climate change related projects that TWN is doing. Youth, Elders and other CCAC members offer different community perspectives and bring a wide range of knowledge and experience. CCAC work informs planning for a sustainable and resilient TWN future, and seeks to strengthen relationships within the community and to the land and water.

CCAC Members include:

Selina Beltran, Lori Campbell, Heidi Martin, Deidre Thomas, Darius Lyon, Curtis Thomas, Carleen Thomas, and Sara Hyland



Some discussion the CCAC is having includes: climate change resilience and action planning, community greenhouse gas contributions and reductions, community outreach and engagement on climate change.

Sample future topics for discussion are: housing and energy efficiency, transportation and emissions, forest and storm water management.

Beginning with this article, TWN's Climate Change Intern, Sara Hyland, will be producing a series of climate change related articles for the TWN community newsletter to keep the community posted on these important issues.

Interested in listening in on an online CCAC meeting?

CCAC meetings are open for all community members to observe. If you are interested in finding out how you can listen in on a CCAC meeting please contact Sarah Dal Santo (TWN staff contact for the CCAC) at sdalsanto@twnation.ca



WORKING TOGETHER AS ONE

Member Nation Training, Workshops and Events

COVID-19 Webinar #11: Enacting COVID-19 Community Protection Bylaws and Achieving Compliance.

Join the NmTC, Woodward and Company LLP, the Public Prosecution Service of Canada (PPSC) and the RCMP for a review of the latest information and options regarding the development and enforcement of COVID-19 Community Protection Laws. **This webinar is tentatively scheduled for Thursday, July 23rd at 10AM.** For more information and/or to ensure that you are added to our invitation list please contact ericb@nautsamawt.com.

Upcoming Workshops & Events

Food Security Proposal / Project (July)

Edith will be reaching out to members to see who is interested in participating in an online brainstorming session about the development of an NmTC collective food security project, such as development of a NmTC food cooperative.

National Shelter Directive Stakeholder Workshop (TBD)

Addressing NmTC Member Nations National Shelter Directive: Issues, Questions and Proposed Solutions, that resulted from the Nov. 26th CMHC Operating Agreement Expiry and Shelter Policy Workshop.

Workshop to prepare for 2020 ACRS inspections (TBD)

Workshop with NmTC Member Nations and Social Policy and Program representatives from BC Region as well as the province to move forward with addressing the National Shelter Directive Issues, Questions and Proposed Solutions identified by NmTC Member Nations at the November 26th, 2019 CMHC Operating Agreement Expiry and Shelter Policy Workshop.

2020 Comprehensive Community Planning (CCP) Workshop (October)

Bringing people together virtually to share lessons learned and best practices around CCP.

TOOLKITS & RESOURCES

Covid-19 Webinar Series

<https://www.nautsamawt.org/covid19-resources>

[Watch Here](#)

Covid-19 Returning to Work and Reopening Workplaces Resources

<https://www.nautsamawt.org/returningtowork>

[Learn more](#)

FINANCE & ADMIN SUPPORT

The NmTC Finance and Administration team is available to support member Nations as needed.

<https://www.surveymonkey.com/r/SKLVHGM>

[Tell Us How Can We Help](#)

JAYS SUMMER BASEBALL

The Jays Care Foundation is interested in supporting NmTC in health and wellness through online community wellness and fitness challenges and physically-distanced summer baseball.

If your community needs baseball gear, virtual coach training or otherwise, please reach out to either Bronwen Geddes (bronweng@nautsamawt.com) or Bailey Tinkler (baileyt@nautsamawt.com).

NMTC ACTIVITY HIGHLIGHTS - March/April 2020

SUPPORTING MEMBER NATIONS IN THEIR EFFORTS TOWARDS SELF-RELIANCE, CONNECTION TO CULTURE, AND QUALITY OF LIFE NOW AND FOR FUTURE GENERATIONS

During this reporting period, the **Chief Administrative Officer** took steps to implement best practices for staff who wished to return to the workplace and resources for those who continue to work remotely, so that the Naut'sa mawt Tribal Council could safely resume its normal operations.

In addition, the CAO:

- Worked with the finance team on finalizing the Audit;
- Supported the continuation of the COVID-19 Task Group to provide hands on support to member Nations as required, develop tools and resources to assist with best practices for reopening workplaces, and help member nations prepare for a potential second wave;
- Prepared proposals for project management and event management initiatives; and
- Reviewed and initiated opportunities to augment services and enhance revenue in alignment with NmTC values, goals and priorities.

The **Chief Financial Officer** is managing resources in alignment with our mission and values. During the May/June reporting period, the Finance Department has been working with the newly appointed Auditors, MNP, to close the 2019 – 2020 fiscal period, reconciliation and reporting on f19/20 projects to Indigenous Services Canada, and working with Emergency Services to assist our Member Nations.

OWN SOURCE REVENUE HIGHLIGHTS

ACHIEVING FINANCIAL SELF-SUFFICIENCY WHILE HONOURING OUR VISION, CORE VALUES AND BENEFITING MEMBER NATIONS

Event Management & Project Management: NmTC has received its main funding agreement of about \$550K as well as one amendment for \$40K for the CCP Workshop 2020.

Naut'sa mawt Resources Group: Sales of printing services through our JV with **Staples Canada** continue to increase under the name "Indigenous Printing and Office Solutions". More than 20 Nations took advantage of our campaign, which offered free Covid-19 related print services to every First Nation in BC up to a total value of \$250.00. We will be meeting with Staples June 30th to bring us closer to a new legal agreement that will create the basis of this continually expanding relationship.

Lisa Scott has been appointed as the Interim President of **Xyntax** after the resignation of Dwayne Lewis. Lisa is committed to ensuring that service and support to customers is maintained,

and that the operations of Xyntax reflects the values of Naut'sa mawt Tribal Council. Lisa is developing a business plan to secure and expand the role of Xyntax as the preferred band management software for First Nations in Canada.

Naut'sa mawt Learning Services (NmLS) is ready to reach out to First Nations in BC – and throughout Canada, to present our catalogue of training services. NmLS' training philosophy is focused on the needs of the client, and is aligned to NmTC values. In cases where training involves NmTC members, NmLS will stand aside the Advisory services team to provide specialized training in situations where this is warranted. As is the practice with NmTC, services to members are always without charge.

While COVID-19 delays have affected the project, **Smartsettle** is expected to kick off an 8 month field try in July.

KEY INITIATIVES

May & June 2020

COVID-19

- Continued development of the **COVID-19 resource website**.
- Delivered COVID-19 **Webinar Series**:
 - May 29th #8 Best Practices for Returning to Work and Reopening Workplaces part 1 (**7 member Nations participated**).
 - June 2nd #9 Best Practices for Returning to Work and Reopening Workplaces part 2 (**7 member Nations participated**).
 - June 11th #10 The Namgis Experience and Insights.

ADVISORY SERVICES

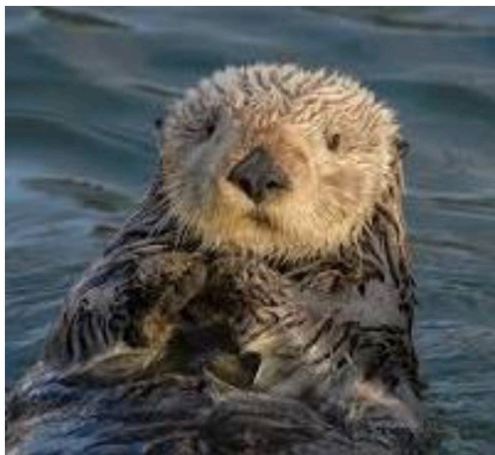
- Completed final stages of **CCP Online Planning Tool** that will be available to all BC First Nations online at no cost.
- Continued work on **NmTC Mentorship Portal**.
- Hosted four weeks of "**Wellness Wednesdays**" in May – online wellness sessions facilitated by certified Indigenous Focusing Oriented Trauma practitioner, Sandra Harris.
- Development of **NmTC collective food security project**, such as development of a NmTC food cooperative.
- Met with members to discuss the development of a **Communications App** for notifications, event registration, and store newsletters.
- Hired UBC graduate student, **Melissa Stewart**, to support CCP and drafted **job descriptions** for vacant advisory roles.
- Supported development and successful funding of the NmTC **Roving Emergency Planning Coordinator**.
- Continued work on **Housing Policy Development**.
- Completed the **Community Infrastructure Services Plan** guidebooks for publication.



Summer Fun Activities During Covid

Summer Fun Activities During Covid

With Summer here, we are all getting a bit tired of the restrictions posed upon us by Covid-19 precautions. We like to share some fun activities/venues that have reopened again. Please keep in mind, that since the progression to phase 3 of the reopening plan, we have seen increased numbers of Covid-19 transmission. There is a safe way to go out and have some summer fun. Remember to maintain 2 meters distance between you and others not living with you, wash your hands frequently, clean high touch surfaces, and wear a mask if you end up in a crowded situation.



Vancouver Aquarium

The Vancouver Aquarium has reopened. Tickets for certain timeslots need to be booked in advance here: <https://www.vanaqua.org/visit/tickets>

Vancouver Zoo

The Vancouver Zoo is open again. There are three adorable baby Grizzly bear cubs who need your help in getting a name here (scroll down): <https://gvzoo.com/>. Or buy tickets at <https://tickets.gvzoo.com/mainstore>



Museum of Anthropology (Vancouver)

The MOA reopened with timed tickets between 10am-4pm. You might especially be interested in *In a Different Light*. This exhibit presents more than 110 historical Indigenous artworks and marks the return of many important works to British Columbia. These objects are amazing artistic achievements. Yet they also transcend the idea of 'art' or 'artifact.'

Through the voices of contemporary First Nations artists and community members, this exhibition reflects on the roles historical artworks have today. Featuring immersive storytelling and innovative design, it explores what we can learn from these works and how they relate to Indigenous peoples' relationships to their lands.

With the increasing impacts of colonization in the 19th century, many Northwest Coast objects were removed from their communities. As they circulated through museums and private collections, their histories were often lost.

Indigenous community members are now reconnecting with these objects and rebuilding their past. Through their eyes, you will come to see these artworks in a different light — as teachers, belongings, even legal documents.

Ultimately, this inaugural exhibition of the Gallery of Northwest Coast Masterworks highlights the creativity and inventiveness of Northwest Coast artists and how they understood the world they lived in. And critically, it shows us the immense body of knowledge that endures today.



Book your tickets here: <https://moa.ubc.ca/moa-re-openingnew-procedures-for-a-safe-visit/#ticketing>



North Vancouver Public Art – Self Guided Family Tour

North Shore residents and visitors alike are invited to experience public art located in town centres, parks, along trails and pathways, and outside civic and commercial buildings throughout North

Vancouver. Whether you're walking, hiking, cycling or wheeling, there's lots of public art to discover here on the north shore. The North Vancouver Public Art Guide & Map is available at local community centres, libraries and arts venues. There also is an app for the City of North Van art tour, geocaching and other fun aspects. Learn more here: <https://www.nvrc.ca/arts-culture/public-art/self-guided-tours>

Playland

Some rides at Playland are open, **Fridays, Saturdays, and Sundays. A Souvenir Playland Face Mask is included with paid admission!**

Face coverings will be required in all queue lines and on rides. Kids 3 and under are free and will not receive a souvenir Playland mask. The BC CDC recommends that all children over the age of 2 wear a face covering or mask. If your child is between the ages of 2-3, please bring a mask or purchase a mask for \$10 at guest services.



There are a limited number of tickets available for date-specific time slots. Find out more and book your spot here: <https://www.pne.ca/playland2020/>

Takaya Tours

Find out more and book here: <https://takayatours.com/>



Deep Cove Kayak

Find out more here: <https://www.deepcovekayak.com/>

Maple Wood Farms

Maplewood Farm has reopened. Visitors and members must reserve over the phone (604-929-5610), in advance. Tickets are date and time specific to control the number of people on the farm at one time. Find out more here: <https://maplewoodfarm.bc.ca/>

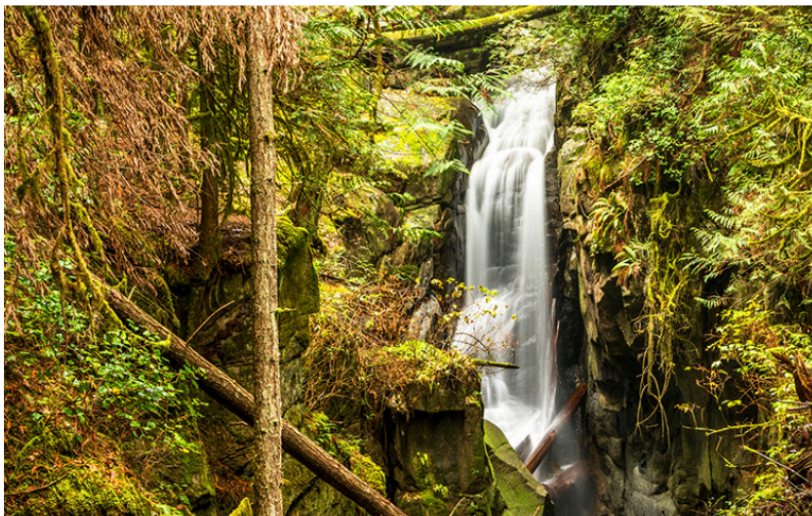
Free Admission to Grouse Mountain

You heard that right. Every day from July 20 - 31 they will be giving away **100 Free Mountain Admission tickets a day!**

Free tickets are available online only and will be released at 6:00am daily for same day visits. You can find the free tickets at <https://www.grousemountain.com/general-admission-membership> while quantities last.

If you're not able to score a free ticket for your visit they are offering **50% off regular Mountain Admission rates!**

Local Trails Are Open

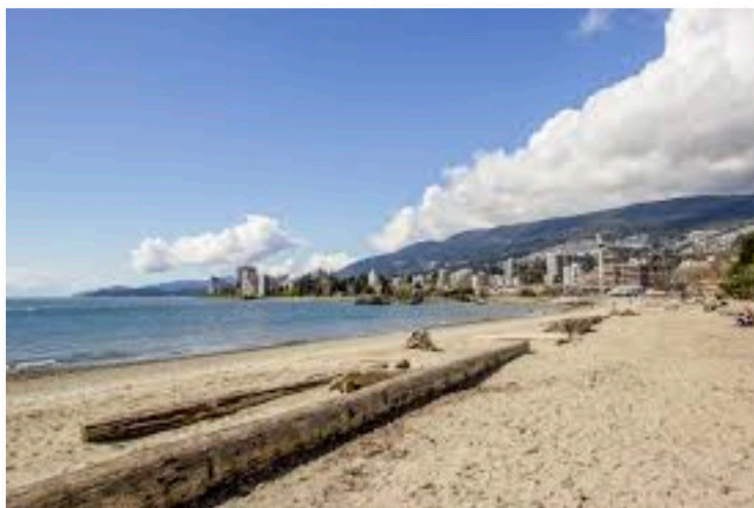


With the exception of the Lynn Creek Suspension Bridge and the Baden Powell access to Quarry Rock in Deep Cove, all local trails and parks are open. Check out the lastest edition of the North Shore News here, for

some picnic in the park ideas. Or pack your knapsack and explore Lighthouse Park, Lynn Loop, Lynn Peak, Inter River Park, Cypress Falls, Brother's Creek, Three Chop Trails, or many of the other lovely parks and trails the North Shore has to offer.

Beaches are Open

Enjoy and afternoon at the beach with the kids. Despite the rainy weather lately, the water is amazingly warm (well ok, tolerable is probably more accurate). Bring sunscreen and a picnic and let the kids tire themselves out.



Outdoor Pools and Spray Parks

Kitsilano, New Brighton, and Second Beach pools are open!

You will need to buy advanced tickets and consider precautions in place to ensure a safe experience. Find out more and buy tickets here:

<https://vancouver.ca/home-property-development/going-to-swimming-pools-during-covid-19.aspx>

Kitsilano Pool

Lap swimming sessions	Public swimming sessions
6am - 6:45am	9am - 10:30am
7am - 7:45am	11am - 12:30pm
8am - 8:45am	1pm - 2:30pm
7pm - 7:45pm	3pm - 4:30pm
	5pm - 6:30pm

New Brighton Pool

Lap swimming sessions	Public swimming sessions
8am - 8:45am	8am - 9:30am
8:45am - 9:30am	10am - 11:30am
10am - 10:45am	Noon - 1:30pm
10:45am - 11:30am	2pm - 3:30pm
Noon - 12:45pm	4pm - 5:30pm
12:45pm - 1:30pm	6pm - 7:30pm
2pm - 2:45pm	
2:45pm - 3:30pm	
4pm - 4:45pm	
4:45pm - 5:30pm	
6pm - 6:45pm	
6:45pm - 7:30pm	

Second Beach Pool

Lap swimming sessions	Public swimming sessions
8am - 8:45am	8am - 9:30am
8:45am - 9:30am	10am - 11:30am
10am - 10:45am	Noon - 1:30pm
10:45am - 11:30am	2pm - 3:30pm
Noon - 12:45pm	4pm - 5:30pm
12:45pm - 1:30pm	6pm - 7:30pm
2pm - 2:45pm	
2:45pm - 3:30pm	
4pm - 4:45pm	
4:45pm - 5:30pm	
6pm - 6:45pm	
6:45pm - 7:30pm	

Fill out this form and email it to communications@twnation.ca prior to hosting a gathering or visitors

Application for Gathering During the Covid-19 Pandemic			
Applicant Information			
Host Name			
Gathering Address			
Phone		Email	
Event Information			
Date of Gathering		Time	
Number of Guests		Duration	
Are the guests members of your small bubble?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Do the guests live in the community?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Event Format			
Is your gathering inside or outside?			
Are your guests bringing their own lawn chairs?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Will you serve food?		<input type="checkbox"/> Yes	<input type="checkbox"/> No
Please tick the box and indicate that you will abide with the following precautions			
<input type="checkbox"/> Safe food preparation and serving <input type="checkbox"/> Guests bring their own utensils, glasses and plates <input type="checkbox"/> Bathroom cleaning/disinfecting after each use <input type="checkbox"/> Measures in place to minimize touch, i.e. doors propped open <input type="checkbox"/> Frequent cleaning of high touch surfaces <input type="checkbox"/> Hand sanitizer is readily available <input type="checkbox"/> Guests will be advised to self-monitor for 14 days after your event <input type="checkbox"/> Guest list completed (in case the need for contact tracing arises)			
Signature:		Date:	

Gathering Guestlist	
Host Name:	
Guest Name	Phone Number

Questions/Comments: