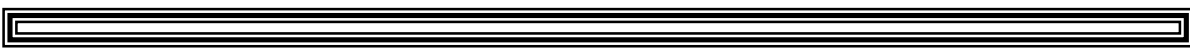


Active Play Policy

According to the Director of Licensing Standard of Practice (DOLSOP) active play is a physical activity which includes moderate to vigorous burst of high energy, raises children's heart rate which will may make them 'huff and puff' such as running or jumping. The infant/toddler active play may include reaching out for a toy, rolling over, balancing in a sitting position, crawling and walking.

Tsleil-Waututh Child & Family Development Centre will ensure that activity levels are met according to licensing regulations and will include a minimum of 60 minutes a day of outdoor active play (indoor active play is acceptable when weather or outdoor physical space is limited) for fulltime children.



According to DOLSOP Head Start Preschool hours must include a minimum of 30 minutes of active play as per licensing regulations.

Length of Preschool Program	Amount of Active Play
1-2 hours	20 minutes
2-3 hours	30 minutes
3-4 hours	40 minutes

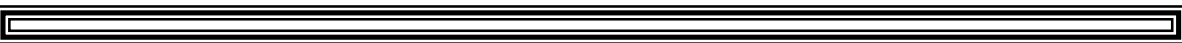
Staff of Tsleil-Waututh Child & Family Development Centre will model healthy and safe active play.



Screen Time Policy

Tsleil-Waututh Child & Family Development Centre believes that children learn through play and interacting with self, peers, teachers and the environment. Within the centre there are many developmentally appropriate activities set up daily for learning opportunities; therefore, we do not offer screen time.

As a safety measure, the staff of Tsleil-Waututh Child & Family Development Centre will only use their cell phones to ensure communication, between staff/centre and parents when not in the building.



I hereby understand my child(ren) will follow the Standard of Practice of active play and screen time according to the Licensing Regulations.

Signature of parent/guardian

Date